

# THE **NINA** NO INJURIES NO ACCIDENTS WORKBOX SERIES

## THE **FIRST** WORKBOX



**AVAILABLE  
NOW**

# SAFE BODY: HANDS

# THE NINA NO INJURIES NO ACCIDENTS WORKBOX SERIES

The workbox is a new part of the NINA program. With our operational staff as the target group, the workbox offers a brief, varied training course that increases everyone's knowledge and invites them to share experiences. In that way, we learn with and from each other.

## BACKGROUND

The workbox addresses the growing need for practical tools within the NINA program. Using these tools, employees themselves can get to work on creating a safer work location. This concept has been developed by a working group comprised of members from various disciplines, in consultation

with their direct colleagues.

The workbox was tested during multiple projects and on various ships.

## CONTENT

The content of the workbox is based on lessons that we can draw from reported accidents. What is unique is that the starting

point is not what the risks of certain activities are, but rather the person that physically carries out these activities. The central focus in this first workbox is on hands: hand injuries are number 1 in our organization's accident statistics. Every workbox consists of a group meeting to further increase awareness on the theme by means of an open dialogue and a practical assignment.

## FUTURE

The workbox on hands is the first in a further series of workboxes to be set up with topics taken directly from actual practice that we want to organize for and with you.

## QUESTIONS OR SUGGESTIONS?

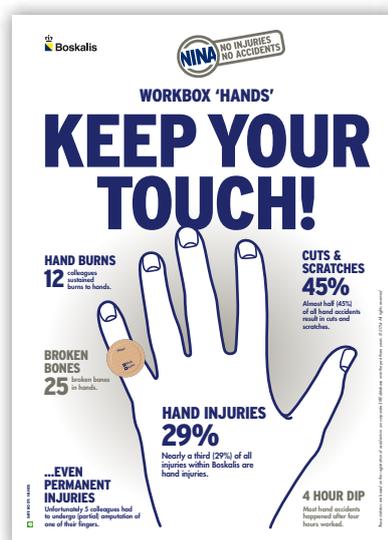
E-mail them to: [NINA@boskalis.com](mailto:NINA@boskalis.com)

# BREAKING ROUTINE

## HARRY HESSELING, MANAGER OPERATIONS (BOMC)

*Harry is a member of the working group that helped develop the workbox.*

"With the workbox we want to reach the people on the shop floor. Experience shows that many accidents are still occurring during routine activities. You can compare it to driving a car: I will do that on autopilot at home, but put me in New Delhi and I'm fully alert. If you repeatedly carry out the same actions, you run the risk of carelessness and underestimation. As a working group, we looked from different angles at how you can break through that. Raising awareness with your own experiences and those of your colleagues as a starting point is essential. With the workbox, we are bringing an alarm clock to the shop floor: I always do my work this way, but how can I do it differently, and more safely? We hope that people will start to look at their working environment with different eyes. More alert, more aware: that is the goal of the workbox. So, use it, share your experiences, and give feedback. We look forward to hearing from you!"



# INVOLVED

## JAI RAMACHANDRAN, SHE-Q, COAST GUARD BASE PROJECT, QATAR

*Jai has carried out various pilot projects with the workbox together with colleagues from Asia.*

"In a training course with employees from Asia, the biggest challenge is to put them at ease so that they will be willing to participate. In my experience, it is important that there is someone in attendance for the employee to speak to in his own language: that enables him to be more comfortable opening up and the message comes across more effectively. The workbox has led to greater interaction than I had expected. The assignments typically give the employees a certain responsibility. In that way, they feel valued and get a sense of pride. The effect of the workbox is that people feel more involved. They recognize that they play an important role in improving their own safety and the safety of the work location. That is essential if we hope to avoid incidents and if we want to promote a proactive attitude on the shop floor."



# NEW SHIP, NEW TEAM, NEW WORKBOX!

## WILLY HOFMAN, CAPTAIN OF THE FREEWAY

*The hopper dredger Freeway was launched on January 16th. Willy made his debut with his new team in early January: he had the honor of accepting the first workbox "Safe Body: Hands."*

"I really like the practical aspects of the workbox: the idea that people themselves get to work on improving the safety of their work location. They themselves also like that. It's a good way to improve the open communication. If someone notices an unsafe situation, we are going to discuss that. With a new team like ours, those are important steps. I always say: safety must not become a paper tiger. You can check off checklists with your eyes closed and there's no point in doing that. It's about the actual practice, and about recognition. People have to get the feeling that it actually benefits them. The workbox meets that need. It was developed based on practical experiences and you can see that."

## WARNING OTHERS

### TOM SPERNA WEILAND, RELIEF CHIEF MECHANIC OF THE NDURANCE

*Tom worked on the film that's part of the workbox. He talks about his accident and the lasting impact it has had on his life.*

"What happened to me can't be undone – my hands will never be whole again, and that's something I have to accept. What I can do with my experience is warn others: be alert and be aware of the risks. By sharing my story with colleagues, I hope to achieve that. Because I know now: if something happens to you, you'll have to live with it for the rest of your life. Of course risks are part of our work. But what is important is: know what it is you're doing. We work with heavy equipment, so carry out every operation on a well-informed basis. And don't try to do this on your own, share it with your colleagues. Together you know more than you do on your own."

## MORE AWARE OF DANGERS

### MARK DE BRUIJN, WORKS MANAGER, COAST GUARD BASE PROJECT, QATAR

*Mark participated in the workbox pilot on board the Taurus II.*

"I found the content of the workbox to be good. The statistics presented about hands speak for themselves and demonstrate the necessity of this training. What I personally found impressive was the film clip with the story of Tom Sperna Weiland: a colleague with a great deal of experience who lost part of his finger during a repair. That really makes you think... And it makes you realize that accidents are just waiting to happen. That made the sense of urgency of this training even clearer to me.

Since the workbox I have become more focused on the possible (unrecognized) risks and (where possible) on eliminating these risks, to create a safer work place. I also see that awareness among colleagues. That is the biggest gain."



# PROPAGATING WHAT IT IS YOU STAND FOR

**JOHAN BAKKER, CAPTAIN OF THE CYRUS**

*Johan participated in the workbox pilot on board the Cyrus.*

"The workbox is a nice complement to other toolboxes, because it specifically focuses on something that you normally would not discuss: your hands and the risks of injury. A three-hour workbox seems long, but the interplay and interactivity prevent it from feeling long. A fun part of the sessions is visiting various work places in groups to see whether you can identify unsafe situations. In that way, you apply what you have learned: by looking at the work location from a different perspective. We brought people to places where they normally wouldn't go. For example, the cook was taken to the ladder (the underwater portion with the cutting head). In that way, people learn to better understand each other and that strengthens the team spirit.

As a management team, you have to propagate what it is you stand for. We brought the ship to a halt for the workbox, and Louw Dekker, our Project Manager in Porto d'Acu, participated in the training as well. That makes an impression."

# KEEP YOUR TOUCH!



SAFE MIND



GOOD BEHAVIOUR



GOOD HOUSEKEEPING



SAFE USE OF TOOLS



WEAR APPROPRIATE PPE



SAFE GUARDING



# FROM SKEPTICAL TO MOTIVATED

**SHARIEF SPIEKER, CAPTAIN OF THE SEAWAY**

*Sharief participated in the workbox pilot on board the Seaway.*

"We held the workbox with people from all disciplines. Some were a little skeptical at first ("great, more training..."), but I noticed that they came out of it very motivated. That was the result of how the workbox is structured: you listen to information, watch a film clip, actively engage with the material, and take time for reflection. And it was a topic that concerns everyone. The fact that the presentation was given by two people also worked well: one person presents the material while the other person assists the participants. I therefore believe that the workbox is a tool that we must certainly continue to use. After using these tools for a short time, these techniques become routine; this is a good way to "reset" yourself.

I would love it if we could establish a databank of workboxes that you can draw from as needed. If you are in Qatar: a workbox about how to deal with heat. During a project with a large amount of berthing and unberthing: a workbox about hands. If you do that, you are training in a truly focused way, and that works."

## INTERACTIVITY

**ROB CIEREMANS, CAPTAIN OF THE TAURUS II**

*Rob participated in the workbox pilot on board the Taurus II.*

"Nearly a third of all accidents involve hands. For that reason, I think that it is meaningful to devote specific attention to that issue: after all, we only have two of them. We held the workbox together with employees from the Coastway and the Phoenix. I find the interactivity to be particularly good: when we took a tour of the ship, we ran into someone who was not wearing the proper gloves while welding. He was talked to about that, so that has an immediate effect. I think that the workbox could offer even more if it were brought even closer to people. Let the guys discuss it among themselves first and then have them discuss their findings with a manager.

What the workbox offers is raising awareness, the understanding that PPE is important, and that holding each other to account makes a real contribution to a safer working environment. As captain, I want to set the right example in this respect."